

**Salford Cognitive Therapy Training Centre  
Psychology Department  
Greater Manchester West Mental Health NHS Foundation Trust**

<p style="text-align: center;"><u>Course</u></p> <p style="text-align: center;"><i>Postgraduate Diploma in Cognitive Therapy</i></p> <p>Every Thursday, over 3 academic terms each of 12 weeks duration. Next Course: September 2012 Applications by: 27<sup>th</sup> April 2012 <b>£6,000.00 for people in the public and voluntary sector</b> <b>£8,000.00 private sector</b></p> <p><b>Applicants without a Professional Qualification will need to complete the KSA Portfolio as well as the Centre's application.</b></p>	<p><b>Applicants should have:-</b></p> <ul style="list-style-type: none"> <li>• A core health, mental health or social care professional qualification,(e.g. clinical psychology, mental health nursing, occupational therapy, psychiatry, social work, counsellors who are individually accredited with the BACP, health visitors working in a mental health setting) with 2 year's post qualification experience.</li> <li>• A first degree (equivalence can be demonstrated).</li> <li>• Some existing knowledge of cognitive theory and some experience of the practice of cognitive therapy.</li> <li>• Access to at least 6 clients with a range of mild to moderate presenting problems including, anxiety disorders and depression.</li> <li>• Agreement from Line Manager re: time for clinical component of the course (i.e. 2 client contacts in addition to training day at any one time).</li> </ul> <p><b>Applicants without a Core Health, Mental Health or Social Care Profession:-</b></p> <ul style="list-style-type: none"> <li>• Should complete KSA (Knowledge, Skills and attitudes) portfolio supplement to the satisfaction of the Centre</li> <li>• Evidence of 4 years full-time experience in mental health relevant setting .</li> <li>• Agreement of a line manager/employer to sign a joint contract with the Centre.</li> </ul>
<p style="text-align: center;"><u>Courses</u></p> <p style="text-align: center;"><i>Certificate in Cognitive Behavioural Therapy –Adult &amp; CAMHS</i></p> <p>Every Friday, on consecutive Fridays for fifteen weeks. Next Course: September 2012 Applications by: 27 April 2012 <b>Adult Course - Cost £1,500.00 for people in the public and voluntary sector.</b></p> <p><b>Applicants without a Professional Qualification will need to complete the KSA Portfolio as well as the Centre's application.</b></p> <p><b>CAMHS Course Fee - TBC. Applicants will be considered from mental health, health or social service professionals working in CAMHS settings in the NORTH WEST OF ENGLAND ONLY.</b></p>	<p><b>Applicants should have:-</b></p> <ul style="list-style-type: none"> <li>• A core health, mental health or social care professional qualification,(e.g. clinical psychology, mental health nursing, occupational therapy, psychiatry, social work, counsellors who are individually accredited with the BACP, health visitors working in a mental health setting) with 2 year's post qualification experience.</li> <li>• Some basic understanding of the theoretical principles of CBT.</li> <li>• Access to at least 2 clients presenting with mild-moderate depressive symptoms and/or anxiety disorders. (for the CAMHS programme clients should be a minimum age of 8/9 years, but age 12+ for ease of learning the model)</li> </ul> <p><b>Applicants without a Core Health, Mental Health or Social Care Profession</b></p> <ul style="list-style-type: none"> <li>• Should complete KSA (Knowledge, Skills and attitudes) portfolio supplement to the satisfaction of the Centre</li> <li>• Evidence of 3 years full-time experience in mental health relevant setting. Agreement of a line manager/employer to sign a joint contract with the Centre.</li> </ul>

**\*The trust is committed to a policy of equal opportunity**