

**Salford Cognitive Therapy Training Centre
Psychology Department
Greater Manchester West Mental Health NHS Foundation Trust
Entry Criteria – Certificate in CBT – Adult & CAMHS**

<p>Certificate in CBT – Adult</p> <p>Every Friday, on consecutive Fridays for fifteen weeks. Next Course: September 2012 Applications by: 27 April 2012 Cost £1,500.00 for people in the public and voluntary sector.</p> <p>Certificate in CBT – CAMHS fee TBC.</p> <p>Every Friday, on consecutive Fridays for fifteen weeks. Next Course: September 2012 Applications by: 27 April 2012 Applicants will be considered from mental health, health or social service professionals working in CAMHS settings in the NORTH WEST OF ENGLAND ONLY.</p> <p>Applicants without a Professional Qualification will need to complete the KSA Portfolio as well as the Centre’s application.</p>	<p>Applicants should have:-</p> <ul style="list-style-type: none"> • A core health, mental health or social care professional qualification,(e.g. clinical psychology, mental health nursing, occupational therapy, psychiatry, social work, counsellors who are individually accredited with the BACP, health visitors working in a mental health setting) with 2 year’s post qualification experience. • Some basic understanding of the theoretical principles of CBT. • Access to at least 2 clients presenting with mild-moderate depressive symptoms and/or anxiety disorders. (for the CAMHS programme clients should be a minimum age of 8/9 years, but age 12+ for ease of learning the model) <p>Applicants without a Core Health, Mental Health or Social Care Profession</p> <ul style="list-style-type: none"> • Should complete KSA (Knowledge, Skills and attitudes) portfolio supplement to the satisfaction of the Centre • Evidence of 3 years full-time experience in mental health relevant setting. Agreement of a line manager/employer to sign a joint contract with the Centre.
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Non standard entry to the CBT Certificate programme

Evidence:

There are different forms of evidence you can produce to demonstrate how you have met the criteria necessary (see criteria summary sheet). It is anticipated that most applicants who need to provide a portfolio of evidence will have completed a variety of training courses that will have provided them with the relevant skills and knowledge.

Type A: References

It is preferable that these come directly from formal course providers, employers or someone responsible for, and attesting to your knowledge, skills and attitudes. Summary statements should be signed by the referee (Employer, tutor, Supervisor, etc.) stating the professional relationship with you and attesting and affirming the statement content.

Type B: Training courses

Produce copies of qualifying certification. This includes induction training and/or in service short courses as relevant. Where certificates are not available we will accept confirmation/evidence of your passing the course. Certificate of attendance alone will not be sufficient.

Criteria Summary sheet

Criteria	Quantification	Essential evidence	Desirable evidence
<u>KNOWLEDGE</u>			
Life stages & human development	Knowledge of life stages and human development	A & B	
Health & Social Care approaches	Knowledge of the delivery and legislation of health and social care through statutory and non statutory bodies in the UK eg. Mental Health Act, National Service Framework.	A	B
Psychopathology / diagnostic skills	Demonstrate an accurate understanding of client problem definition/ psychopathology.	A	B
Models of therapy	Knowledge of a variety of theoretical models of intervention eg. Psychodynamic, biological, pharmacological, systems & family, behavioural, cognitive, etc.	A	B
<u>SKILLS</u>			
Competency in key relationship skills	Eg. Active listening, empathy, warmth, genuineness, trust and rapport building	A	B
Maintain & manage records & reports	Maintain and manage records / reports	A	
Communications with Services/colleagues	Ability to maintain effective communication with referrers, professional colleagues etc.	A	

<u>RISK</u>			
Awareness of risk	Demonstrate a high level of awareness of potential risks to, and from, clients based on an ability to assess the probability of self harm, suicide, hostility, violence, exploitation, neglect and of child protection issues, with a commensurate knowledge of their responsibility to respond to these	A & B	
<u>RESEARCH</u>			
Comprehension of research	Demonstrate critical skills in reading, analysing and discussing published research studies	A & B	
<u>ETHICS</u>			
Commitment to ethical principles	Practice in an ethically appropriate manner with clients and colleagues eg. Confidentiality, non exploitation.	A & B	
<u>ATTITUDES</u>			
Suitable at a personal level		A	
Enquiring mind		A	
Self evaluation and reflection			
Receptive to scientist practitioner approach		A	

Knowledge

- 1. Applicant statement attesting to Knowledge of life stages and human development.

List of teaching modules you undertook to acquire your knowledge of this topic, and when and where you acquired them.

Applicant Signature:.....

Applicants Name:

Reference Signature:.....

Reference Name:

Reference Position:

Reference contact details: Telephone number :

Email address:

Professional relationship with the applicant:

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CORE PROFESSIONAL TRAINING [KSA]

Knowledge

2. Health and Social Care approaches

Applicant's statement attesting to knowledge of the organisation, delivery and legislation of health and social care through statutory and non statutory bodies in the UK.

Applicant Summary Statement

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone number :

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

Knowledge

3. Psychopathology/Diagnostic Skills

Reference attesting to knowledge of Psychopathology/Diagnostic Skills

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

Knowledge

4. Models of Therapy

Reference attesting to knowledge of a variety of theoretical models of therapeutic intervention.

Applicant Signature:.....

Applicants Name:.....

Reference Signature:.....

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

4 Models of Therapy

Knowledge of a variety of theoretical models of intervention

Psychodynamic/psychoanalytical	
Systems and family	
Cognitive and/or behavioural	
Group Psychotherapeutic	
Humanistic/integrative	
Biological/Pharmacological	
Social/Community	

Statement attesting to above course components.

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

**EVIDENCE A
REFEREE' S REPORT**

SKILLS

5. Competency in key relationship skills

Please rate the applicant's key relationship skills –

	1	2	3	4	5
1 = low					
2 =					
3 =					
4 =					
5 = high					
Listening					
Empathy					
Warmth Genuineness					
Trust					
Rapport building					

Give one clear illustrative example

Applicant Signature:.....

Applicants Name:

Reference Signature:.....

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

SKILLS

6. Maintain and manage records and reports

Reference attesting to competency in maintenance of records and reports

Applicant Signature:.....

Applicants Name:

Reference Signature:.....

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:
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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

SKILLS

7. Communication within Services/colleagues

Please rate the applicant's communication skills.

1 = low 5 = high

	1	2	3	4	5
Listening					
Empathy					
Warmth Genuineness					
Trust					
Rapport Building					

Give one clear illustrative example

Applicant Signature:.....

Applicants Name:.....

Reference Signature:.....

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

SKILLS

8. Awareness of risk

Reference attesting to awareness of risk.

Give illustrative example

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

SKILLS

8. Awareness of risk

Applicant's summary statement

Give illustrative example

Applicant Signature:.....

Applicants Name:

Reference Signature:.....

Reference Name:

Reference Position:.....

Reference contact details: Telephone number :

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

SKILLS

9. Comprehension of research

Applicant summary statement.

Please provide an example of a piece of research which has informed your clinical practice

Applicant Signature:.....

Applicants Name:

Reference Signature:.....

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

SKILLS

10. Applicant's Statement attesting to commitment to ethical principles

Please give an illustrative example of an ethical dilemma which you have tried to resolve in your practice.

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:
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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

ATTITUDES

11 – Reference from someone in an employing/managerial capacity attesting to the applicant's suitability to be involved in a personal helping relationship with clients.

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details : Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

ATTITUDES

12 – Reference from a Clinical Supervisor attesting to the applicant having an enquiring mind – someone who approaches their clinical practice with curiosity, critical understanding, and a spirit of enquiry – an illustrative example would be helpful.

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

ATTITUDES

13– Reference from a clinical supervisor attesting to the applicant's ability for self evaluation and reflection, i.e. capacity to reflect on and evaluate their own values, priorities, interests, effectiveness and development.

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone number:

Email address:

Professional relationship with the applicant:

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CORE PSYCHOTHERAPEUTIC TRAINING [KSA]

ATTITUDES

14 Reference attesting to applicant's receptiveness to evidence based practice and empiricism, i.e. commitment to applying and informing research principles in practice.

Applicant Signature:

Applicants Name:

Reference Signature:

Reference Name:

Reference Position:

Reference contact details: Telephone:

Email address:

Professional relationship with the applicant:

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